COUNTY OF SABINE

On this the 12th day of November, 1973, the Honorable Commissioners' Court met in regular session with the following members present, to-wit:

Charlie Forse

County Judge

R. E. Smith

Commissioner, Precinct No. 1

G. W. Russell, Jr.

Commissioner, Precinct No. 2

Paul Lout

Commissioner, Precinct No. 3

H. E. Wilburn

Commissioner, Precinct No. 4

W. W. Cavender

Clerk of the Court

Motion by Commissioner G. W. Russell, Jr., seconded by Commissioner H. E. Wilburn the Court voted to pay \$10.00 to Ralph Bohannon for furnishing butane and stove to Sexton Election Precinct.

Resignation of C. B. Taylor, Constable of Justice Precinct No. 4, due to physical health was accepted on motion by Commissioner G. W. Russell, Jr., seconded by Commissioner R. E. Smith and all voting favorable.

Election returns of the Constitutional Amendment Election were canvassed and approved by the Court.

Mr. King from Deep East Texas Council of Governments gave a talk to the Court about a program to help the Mental Retarded in an area of 13 Deep East Texas counties, which includes Sabine.

He presented a Resolution to the Court which was approved by a motion from Commissioner G. W. Russell, Jr. and seconded by Commissioner Paul Lout, with all voting in favor of the following Resolution:

THE STATE OF TEXAS

COMMISSIONERS COURT

COUNTY OF SABINE

SABINE COUNTY, TEXAS

$\underline{\mathtt{R}} \ \underline{\mathtt{E}} \ \underline{\mathtt{S}} \ \underline{\mathtt{O}} \ \underline{\mathtt{L}} \ \underline{\mathtt{U}} \ \underline{\mathtt{T}} \ \underline{\mathtt{I}} \ \underline{\mathtt{O}} \ \underline{\mathtt{N}}$

WHEREAS, in the County of <u>Sabine</u> there exists a need for Comprehensive Community Mental Health and Mental Retardation Services and,

WHEREAS, the opportunity exists to establish facilities and procure personnel to meet this need by cooperatively working with the other counties in State Planning Region 14, NOW THEREFORE,

BE IT RESOLVED, that the Commissioners Court of <u>Sabine</u> County authorizes the County Judge of <u>Sabine</u> County to appoint a Board Member nominee to serve on the Board of Trustees for the Deep East Texas Community Mental Retardation Center.

/s/ Charlie Forse

County Judge Sabine County, Texas

ATTEST:

/s/ W. W. Cavender

County Clerk

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Mr. Oscar Pate and a member of the Deep East Texas Council of Governments presented a Resolution to the Court in favor of helping to feed the elderly people of Sabine County. Motion by Commissioner R. E. Smith, seconded by Commissioner G. W. Russell, Jr., all voting "AYE" the Court approved the following Resolution:

STATE OF TEXAS COUNTY OF SABINE

DESIGNATION OF THE DEEP EAST TEXAS COUNCIL OF GOVERNMENTS AND ECONOMIC DEVELOPMENT DISTRICT AS THE AGENT OF THE COUNTY OF SABINE, TEXAS.

RESOLUTION

BE IT RESOLVED by the Commissioners Court of Sabine County, Texas, as follows:

THAT said Coumty, acting by and through its Commissioners Court, does participate in and support the Deep East Texas Council of Governments in applying for a Nutrition Program for the Elderly to be approvided by a grant from the Texas Governor's Committee on Aging.

THAT the Program to be applied for will be consistent with the information in Attachment A attached to this resolution and now a part of said resolution.

THAT the Deep East Texas Council of Governments and Economic Development District, acting by and through its officers, agents and employees, be appointed and designated as the agent of the County of Sabine, Texas, to act in its behalf in taking all steps necessary to the accomplishment of applying for and administering said Program.

THAT the powers conferred upon the Deep East Texas Council of Governments and Economic Development District include, but are not limited to the following:

To make application to the Texas Governor's Committee on Aging for a Nutrition grant as stated in Attachment A.

To advertise for competitive bidding, for the meals contracts.

To conduct said competitive bidding and select the bid which is the Lowest and meets or exceeds all specifications as specified in the Deep East Texas Council of Governments bid specifications.

To employ or engage the services of any party where such services are reasonable necessary to the accomplishment of the purposes set forth in this resolution.

forth in this resolution.

To prepare the contract to be awarded upon acceptance of any submitted bid.

THAT the Legal Committee of the Deep East Texas Council of Governments and Economic Development District act as counsel to provide legal assistance and services in connection with said project.

THAT the power and authority to accept or reject any and all bids, be vested in the Deep East Texas Council of Governments and Economic Development District to exercise upon communication to it to the proposed bid or bids.

FURTHER, the Commissioners Court of Sabine County, Texas, agrees to support the Deep East Texas Council of Governments and its sub-contractors in the Nutrition Program for the Elderly in all-ways possible but does not dedicate any revenue to the Program's support.

PASSED AND APPROVED this the 12 day of __ November

> /s/ Charles Forse Charles Forse County Judge

ATTEST:

/s/ Norma Callis

ATTACHMENT A NUTRITION PROGRAM FOR THE ELDERLY

Introduction of Title VII

A new Title VII (Public Law 92-258) of the Older Americans Act of 1965, as amended, established the Nutrition Program for the Elderly.

The allotted funds will provide up to 90 percent of the costs of establishing and operating nutrition projects which will furnish low-cost, nutritionally sound meals to persons aged 60 and over, and to their spouses regardless of age.

The Title IV demonstration projects proved that the proper provision of congregate meals: for groups of elderly people fosters social interaction, facilitates the delivery of supportive services and meets emotional need, while at the same time it improves nutrition.

Texas has received \$4.7 million for development of nutrition programs under Title VII of the Older Americans Act.

The Governor's Committee on Aging selected the 15 "target" areas to receive these Title VII funds according to Federal guidelines and based on population figures. Of the 15 target areas designated by the Governor's Committee on Aging, there were 10 urban and five rural areas. The ten urban areas were selected primarily because they contain the highest concentration of persons 65 and over living below the poverty level. Within each of the 21 StatesPlanning Regions, clusters of three rural counties were analyzed in order to select five rural areas with the highest percentage of persons 65 years and older living below the poverty level.

MAN WAY

The Deep East Texas State Planning Region was fortunate to be one out of the 21 State Planning Regions to be designated. The three-county cluster chosen is composed of Sabine, San Augustine and Shelby counties.

The goal of the nutrition program during the first year of program operation is to provide 325 older Americans in the three-county area, particularly those with low incomes, with daily, low-cost, nutritionally sound and satisfying meals served in strategically located group settings where participants can also obtain rehabilitative and social services. From such congregate settings, the delivery of food and supportive services may also be made to homebound participants. The ultimate goal is to serve, on a daily basis, as many as possible of the elderly Americans who require nutrition and supportive services.

REASON FOR PROGRAM

The Act summarizes the findings which motivated the Congress to act:

Many elderly persons do not eat adequately because: (1) they cannot afford to do so; (2) they lack the skills to select and prepare nourishing and well-balanced meals; (3) they mobility which may impair their capacity to shop and cook for themselves; and (4) they have feelings of rejection and loneliness which obliterate the incentive necessary to prepare and eat a meal alone. These and other physiological, social, and economic changes that occur with aging result in a patternoof living which causes mal-nutrition and further physical and mental deterioration.

REQUIREMENTS

Basic nutrition requirements are:

Each project will provide meals in a congregate setting.

Each congregate meal site established by the project must provide at least one hot meal per day, 5 or more days a week and any additional hot or cold meals which the project may elect to provide. (Sites operated in sparsely populated rural areas may serve less than 5 days a week when the need for an exception is documented by the Etate agency and if, at sites through out the project area, the project provides hot meals at least 5 days a week.)

Bach meal served must contain at least one-third of the current daily recommended dietary allowances as established by the Food and Nutrition Board of the National Academy of Science-National Research Council.

Home delivered meals (will be provided) where necessary and feasible to meet the needs of target group eligible individuals who are homebound.

Supportive services required are defined:

- (1) Transportation of individuals and personal escort services to and from the congregate meal sites;
- (2) Information and referral services;
- (3) Health and welfare counseling services;
- (4) Nutrition education;
- (5) Shopping assistance; and
- (6) Recreation activities incidental to the project.

TITLE VII

90 - 10 match

10% in-kind

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Project to be fumded 1 year at a time - indefinitely

Motion by Commissioner Paul Lout, seconded by Commissioner Horace Wilburn and with Commissioner R. E. Smith voting against the Court voted to divide the Revenue Sharing money as follows:

Permanent Improvement - \$3,000.00 Each Commissioner Precinct - \$5,000.00 each

Commissioner Paul Lout made a motion to hire Burtis L. Cartwright as Constable of Justice Precinct No. 4 to replace C. B. Taylor who resigned. The motion was seconded by Commissioner G. W. Russell and all voted "AYE".

A motion was made by Commissioner G. W. Russell; Jr. seconded by Commissioner Paul Lout to print a Treasurer's Quarterly Report in the paper. Voting against the motion was Commissioner R. E. Smith and Commissioner H. E. Wilburn. Motion carried when Judge Charlie Forse voted for the motion.

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All accounts were allowed and made payable.

There being no further business, the Court adjourned.

COUNTY JUDGE

COMMISSIONER, PRECINCT NO. 1

COMMISSIONER, PRECINCT NO. 2

COMMISSIONER, PRECINCT NO. 2

COMMISSIONER, PRECINCT NO. 4

CLERK OF THE COURT